

2016 OEC Class Syllabus (OEC class # xxxxx)

Day	Date	CHAPTER	PAGE	SUBJECTS	SKILLS
Tuesday	WEEK 1	CHAPTER 1	1	Introduction	Registering, fees, dues, books, online portion, class overview, on hill, NSP structure and history.
		CHAPTER 2	31	Emergency Care System	
Tuesday	WEEK 2	CHAPTER 3	56	Rescue Basics	3-1 (91) Removing gloves
		CHAPTER 4	98	Incident Command and Triage	Triage exercise
		CHAPTER 5		Transportation	5-1 (161) Multiple Person Direct Ground Lift 5-2 (161) Bridge/BEAN lift
Saturday	WEEK 2	ON HILL			
Thursday	WEEK 3	CHAPTER 6	167	Anatomy and Physiology	
		CHAPTER 20	Section 1 603-616	Musculoskeletal Injuries	20.1 (676) Applying Sling and Swath 20.2 (677) Using a Figure Eight Splint
Saturday	WEEK 3	ON HILL			
Tuesday	WEEK 4	CHAPTER 7	213	Assessment	7-1 (248) Patient Assessment (PA) 7.2 (249) PA - Trauma Patient 7-3 (249) PA - Medical Patient 7-4 (250) Assessing Pupils 7.5 (250) Assessing Pulse 7.6 (251) Assessing Respirations 7.7 (251) Obtaining a Blood Pressure
Saturday	WEEK 4	ON HILL			
Tuesday	WEEK 5	CHAPTER 8	264	Communications and Documentation	Accident forms Radio Skills
		CHAPTER 20	Section 2 617-638	Musculoskeletal Injuries	Review Assessment plans 20.2 (677) Using a Figure Eight Splint 20.3 (678) Reducing a Posterior Sternoclavical

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Saturday	WEEK 5	ON HILL			
Tuesday	WEEK 6	CHAPTER 9	291	Airway Management	9-1 (317) Suctioning a Patient's Airway 9.2 (318) Inserting a Nasopharyngeal Airway 9.3 (319) Inserting an Oropharyngeal Airway 9.4 (320) Oxygen Tank Set-up and Breakdown
		CHAPTER 10	329	Shock	10.1 (350) Shock Management
Saturday	WEEK 6	ON HILL			
Tuesday	WEEK 7	CHAPTER 11	355	Altered Mental Status	
		CHAPTER 12	386	Substance Abuse and Poisoning	
Saturday	WEEK 7	ON HILL			
Thursday	WEEK 8	CHAPTER 13	406	Respiratory Emergencies	13.1 (426) Auscultation of Breath Sounds 13.2 (427) Assisting with an Inhaler
		CHAPTER 14	434	Allergis and Anaphylaxis	14.1 (450) Administration with an EpiPen 14.2 (451) Administration with a Twinject 14.3 (452) Administration an additional dose
					Scenario and assessment
Saturday	WEEK 8	ON HILL			
Tuesday	WEEK 9	CHAPTER 17	516	Trauma	
		CHAPTER 20	Section 3 639-696	Musculoskeletal Injuries	20.4 (678) Using a Blanket Roll Splint 20.5 (679) Splinting a Humerus w/ Rigid Splint 20.6 (679) Splinting an Elbow w/ Rigid Splint 20.7 (680) Splinting a Forearm Fracture
Saturday	WEEK 9	ON HILL			

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Tuesday	WEEK 10	CHAPTER 20	601	Musculoskeletal Injuries	20.8 (680) Splinting a Hand 20.9 (681) Using a Traction Splint 20.10 (682) Using an Airplane Splint 20.11 (682) Using a Quick Splint
Saturday	WEEK 10	ON HILL			
Tuesday	WEEK 11	CHAPTER 20	601	Musculoskeletal Injuries	20.12 (683) Quick Splint to Cardboard Splint 20.13 (683) Splinting a Tib/Fib Fracture 20.14 (684) Removing a Boot
		CHAPTER 18	537	Soft Tissue Injuries	18.1 (566) Controlling Bleeding 18.2 (567) Applying a Tourniquet 18.3 (568) Treating Closed Injuries 18.4 (569) Emergency Care for an Amputation 18.5 (570) Stabilizing and Impaled Object 18.6 (571) Using a Self-Adhering Roller Band. 18.7 (571) Using an Occlusive Dressing 18.8 (572) Using a Triangular Bandana 18,9 (573) Bandaging a finger
Saturday	WEEK 11	ON HILL			
Thursday	WEEK 12	CHAPTER 18	537	Soft Tissue Injuries	18.5 (570) Stabilizing and Impaled Object 18.6 (571) Using a Self-Adhering Roller Band. 18.7 (571) Using an Occlusive Dressing 18.8 (572) Using a Triangular Bandana 18,9 (573) Bandaging a finger
Saturday	WEEK 12	ON HILL			
Tuesday	WEEK 13	CHAPTER 19	579	Burns	19.1 (597) Caring for Burns
		CHAPTER 21	697	Head and Spinal Injuries	21.1 (727) Manual Spine Stabilization 21.2 (727) Sizing & Applying a Cervical Collar 21.3 (728) Log Roll onto a Long Spine Board 21.4 (728) The Axial Drag 21.5 (729) Securing a Patient on a Long Board

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Saturday	WEEK 13	ON HILL			
Tuesday	WEEK 14	CHAPTER 22	742	Face, Eye and Neck Injuries	21.6 (729) Immobilizing a Seated Patient 21.7 (730) Immobilizing a Standing Patient 21.8 (731) Removing a Helmet 22.1 (765) Treating an Eye w/ Impaled Object
		CHAPTER 23	770	Thoracic Trauma	
		CHAPTER 24	793	Abdominal and Pelvic Trauma	24.1 (808) Pelvic Stabilization
Saturday	WEEK 14	<b>SKI AND TOBOGGAN FINAL</b>			
Tuesday	WEEK 15	CHAPTER 16	494	Gastrointestinal & Genitourinary	Review: Assessment Assessment Speed dating
		CHAPTER 25	813	Cold-Related Emergencies	
		CHAPTER 26	838	Heat-Related Emergencies	
Thursday	WEEK 16	CHAPTER 27	861	Plant and Animal Emergencies	Review: Splinting
		CHAPTER 28	896	Altitude-Related Emergencies	
		CHAPTER 29	919	Water Emergencies	
Tuesday	WEEK 17	CHAPTER 30	942	Pediatric Emergencies	Review: Bandaging
		CHAPTER 31	985	Geriatric Emergencies	
		CHAPTER 32	1009	Outdoor Adaptive Athletes	

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		CHAPTER 34	1068	Obstetric & Gynecologic Emergencies	
Tuesday	WEEK 18	CHAPTER 33	1039	Behavioral Emg and Crisis Response	Review: Airway Treatment
		REVIEW			
Saturday		<b>FINAL OEC</b>			
	Outside Class	CHAPTER 15	457	Cardiovascular Emergencies	15.1 ( 490) AED Use